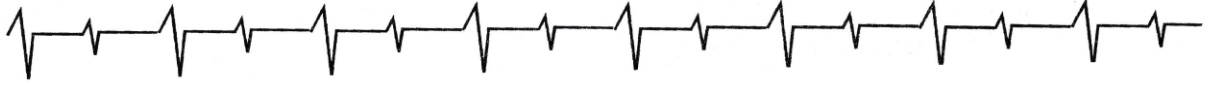




# Emergency Care Programs



## OB GYN MODULE - WRITTEN ASSIGNMENT

Please write all answers on the answer sheet only.

This assignment should be handed into your instructor or the program office within 1 week.

### FILL IN THE BLANKS:

1. After delivery, the \_\_\_\_\_ separates from the uterus and is delivered.
2. The amniotic sac contains about \_\_\_\_\_ of amniotic fluid.
3. The pregnancy is divided into three \_\_\_\_\_ of about 3 months each.
4. Immediately after the head is delivered, you must \_\_\_\_\_ the baby's mouth.
5. If the amniotic sac does not break on its own, use your \_\_\_\_\_ to rip it open.

### MULTIPLE CHOICE:

6. The first stage of labor begins with the onset of contractions and ends when:
  - a. the infant is born
  - b. the cervix is fully dilated
  - c. the water breaks
  - d. the placenta is delivered
7. The difference between pre-eclampsia and eclampsia is the onset of:
  - a. seeing spots
  - b. seizures
  - c. swelling in the hands and feet
  - d. headaches
8. The APGAR scale should be calculated at \_\_\_\_\_ minutes after birth.
  - a. 1 and 5
  - b. 3 and 7
  - c. 2 and 10
  - d. 4 and 8
9. Low blood pressure resulting from compression of the vena cava by the weight of the fetus when the mother is supine is called:
  - a. pregnancy induced hypertension
  - b. placenta previa
  - c. placenta abrupto
  - d. supine hypotensive syndrome
10. \_\_\_\_\_ is a condition of infants who are born to alcoholic mothers.
  - a. Eclampsia.
  - b. Ectopic pregnancy
  - c. Fetal alcohol syndrome
  - d. Fetal demise

**MATCH THE COLUMNS:**

11. _____ Amniotic Sac	A. Normal head down towards vaginal opening
12. _____ Labor	B. Neck of the uterus
13. _____ Cervix	C. Implantation of the fertilized egg in a location other than the uterus
14. _____ Cephalic	D. Placenta, umbilical cord, and parts of the amniotic sac
15. _____ Meconium Staining	E. Baby developing in the womb
16. _____ Ectopic pregnancy	F. The placenta prematurely separates from the uterine wall
17. _____ Afterbirth	G. Deliberate actions taken to stop a pregnancy
18. _____ Abortion	H. Bag of waters that surrounds baby
19. _____ Fetus	I. Amniotic fluid that is greenish rather than clear
20. _____ Placentae Abruptio	J. Three stages of the delivery of the baby

**MATCH THE COLUMNS:**

21. _____ Perineum	A. connects mother and infant
22. _____ Placenta	B. an umbilical cord that is wrapped around the baby's neck
23. _____ Umbilical Cord	C. delivery in which the presenting part is a single arm, foot, or leg
24. _____ Nuchal Cord	D. spontaneous abortion
25. _____ Crowning	E. the area of skin between the anus and the vagina
26. _____ Limb Presentation	F. baby less than 5.5 pounds
27. _____ Miscarriage	G. tissue that develops on the wall of the uterus and is connected to baby
28. _____ Premature baby	H. Placenta that develops over the cervix
29. _____ Placenta Previa	I. Most common delivery emergency
30. _____ Breech Birth	J. the baby's head is seen at the vaginal opening

**FILL IN THE BLANKS:**

31. A baby born dead is called \_\_\_\_\_.
32. \_\_\_\_\_ is when the umbilical cord presents first.
33. When a mother in labor states she needs to move her bowels, delivery is \_\_\_\_\_.
34. Most babies are born face \_\_\_\_\_.
35. The first A in APGAR scale stands for \_\_\_\_\_.
36. P in APGAR scale stands for \_\_\_\_\_.
37. G in APGAR scale stands for \_\_\_\_\_.
38. The second A in APGAR scale stands for \_\_\_\_\_.
39. R in APGAR scale stands for \_\_\_\_\_.
40. If the baby's appearance is 2 on the APGAR scale they are \_\_\_\_\_.

**PLACE THE FOLLOWING IN THE CORRECT ORDER TO HELP DELIVER A BABY:**

- a. deliver the placenta
- b. keep the baby warm by covering the head and wrapping in a blanket
- c. cut the cord
- d. suction the mouth
- e. massage the mother's abdomen to control bleeding
- f. support the head, while the shoulders and legs deliver
- g. contractions
- h. stimulate the baby's breathing by gently rubbing with a soft blanket
- i. crowning
- j. gentle pressure on the head to prevent an explosive delivery

41. \_\_\_\_\_ 42. \_\_\_\_\_ 43. \_\_\_\_\_ 44. \_\_\_\_\_ 45. \_\_\_\_\_ 46. \_\_\_\_\_ 47. \_\_\_\_\_ 48. \_\_\_\_\_ 49. \_\_\_\_\_ 50. \_\_\_\_\_